



White Tiger Kenpo Jujits



3rd Brown Belt

1. **Spinning Hammers:** *right punch, from right side*
2. **Dance of Death:** *right punch*
3. **Leap of Death:** *right punch*
4. **Miss of the Leap ABC:** *right punch*
5. **Eagle Claw:** *right punch from right side*
6. **Eagle Miss AB:** *right punch from right side*
7. **Foot Rake:** *opponent rising from ground*
8. **Sleeper AB:** *right punch*
9. **Startled Cat:** *right overhead club attack*
10. **Manchurian Takedown AB:** *right grab to shoulder*
11. **Shaolin Warrior AB:** *right straight punch*
12. **Springing Tiger AB:** *right straight punch*
13. **Raking the Ground:** *rising from the ground*
14. **Slicing Knee:** *offensive kick against a boxers lead*
15. **Beggar Points the Way:** *front two hand choke*
16. **Eagles Talon:** *right punch from right side*
17. **Crossing Darts:** *gun*
18. **Bending the Staff:** *right punch*
19. **Dropping the Staff:** *right punch*
20. **The Escape ABC:** *right left hook punch*
21. **Uncovering the Flame AB:** *gun*
22. **Opening the Fan AB:** *right straight punch*
23. **Double Blades:** *right roundhouse club*
24. **Clawing Panther:** *right punch*
25. **Wind Storm AB:** *right punch*
26. **3 Winds Claw:** *left right straight punch*
27. **3 Winds Fist:** *left right straight punch*
28. **Chinese Cobra AB:** *right left straight punch*
29. **Spider Captures its Pray:** *right grab, left punch*
30. **Taming the Cobra:** *right shoulder grab, left punch*

Long 4
Dark Room Staff

